## HEALTH FORM (for foreign participants residing outside Italy)

-- PLEASE, USE BLOCK LETTERS ONLY --

I, Dr. (name, surname):
Born (city, country):
<b>On</b> (dd/mm/yyyy):
Phone number:
With offices at (complete address):
As licensed medical doctor and specialist in the sector of sports medicine in my
country
DECLARE
(being aware of the consequences for false declaration)
Mr/Mrs/Ms (name, surname):
Born (city, country):
<b>On</b> (dd/mm/yyyy):
And resident at (complete address):
ID document No:
Is healthy and fit for competitive Skyrunning competition (skyraces), according to medical check-ups results that have included the following tests: medical-sports check-up, cardiac stress test (with electrocardiogram), urine test, spirometry test, in accordance with the Italian law (DM 18/02/82 and DM 24/04/13).
This certificate is valid until the date (dd/mm/yyyy):
Doctor's signature and stamp:
Place and date: